

KS4 LIFE SKILLS - Curriculum Path

Autumn 1

Autumn 2

Spring 1

Spring 2

Summer 1

Summer 2

Year
10

SAFETY: TRAVEL



Bus safety, holiday safety, shopping safety, peer pressure, weapons, work experience interests

CAREERS & MONEY



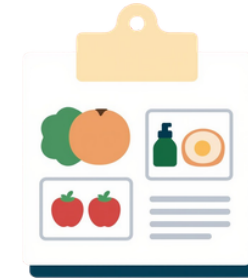
Apprenticeships, entrepreneurship, planning for work, resolving work issues, meet an apprentice

HEALTHY HOME



Use a vacuum, bathroom chemicals, food safe chemicals, washing dishes, cleaning appliances

FOOD PLANNING



Hot drinks, nutrition labels, plan a week of meals, fridge placement, making food with a kettle

SECURING A JOB



Prep for careers, cv's, how to find a job, job applications, interviews, next steps

JOB SKILLS



Applications, professional emails, work experience and important documents

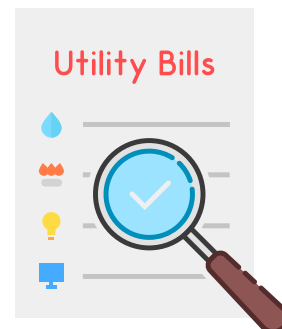
Year
11

INDEPENDENCE



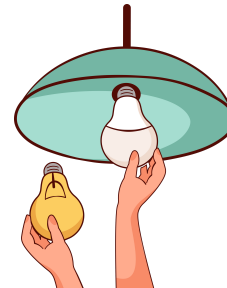
Criminal exploitation, healthy work environments, travel training, encounters with further education

FINANCIAL PLANNING



Bills, budgets for the future, savings account, investing, insurance and college encounters

DOMESTIC CHORES



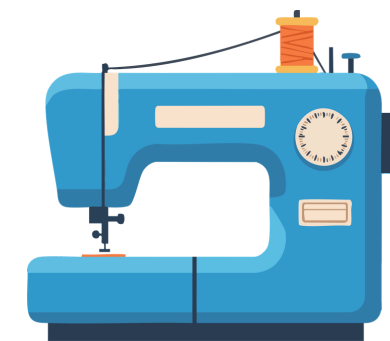
Change a fuse, change a light bulb, first tool kit, travel training, first kitchen, encounter with employers

NUTRITION



Microwave pizzas, frozen food life span, travel training, meal prep, encounter with employers

SELF-CARE



Upcycle clothes, sew on a button, hem trousers, travel training