# School Menu - Week One

Monday
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#### Tuesday

### Wednesday

#### Thursday

#### Friday

#### Meat

**Beef chilli** with rice & nachos

Selection of pies with chips, peas & gravy or beans Chicken Wrap with potatoes & salad English Breakfast -Sausage, Egg, Hashbrown, Mushrooms, Beans or Spaghetti Hoops bun with wedges & salad or beans

#### Vegetarian

Quorn Chilli with rice & nachos Cheese & Onion **pie**, Chips, peas & Gravy or Beans Veggie chicken wrap with potatoes

& salad

English Breakfast Quorn Sausage, Egg,
Hashbrown,
Mushroom Beans or
Spaghetti Hoops

### **Quorn Burger** on a bun with

on a bun with wedges & salad or beans

#### Daily

Sandwich Selection Salad Bar & Jacket potatoes

#### **Dessert**

Flapjack

Seasonal fruit crumble with custard Fruit jelly & ice cream

Cornflake cake with custard

Cupcakes

Yoghurt and fruit available daily

## School Menu - Week Two

Monday

Tuesday

Wednesday

Thursday

**Friday** 

Meat

Meatballs in a tomato & herb sauce with a garlic slice Fish, chips, peas & beans or gravy Salt & Pepper chicken stir-fry with egg Noodles **Sausage,** roast potatoes, Yorkshire pudding, vegetables & gravy Pizza with wedges & beans or salad

Vegetarian

Quorn balls in a tomato & herb sauce with a garlic slice Fishcake,

chips, peas & gravy or beans

Quorn salt & pepper stirfry with egg noodles Quorn sausage,

roast potatoes, Yorkshire pudding, vegetables & Gravy Mac & Cheese with garlic slice

Daily

Sandwich Selection Salad Bar & Jacket potatoes

**Dessert** 

Pineapple upside down cake with custard

Artic Roll

Banana cake with custard

Vanilla sponge with custard

Chocolate chip cookies

Yoghurt and fruit available daily